



For Office Use only:

Details entered into Gym master and membership set to **“Accreditation Member”**

Initials:.....

Adult Accreditation Form

1. CONTACT DETAILS

Full Name:			
Postal Address:			
Phone Home:		Cell	
Email:			
DOB:		Gender	
Occupation			
Emergency Contact Details: (Include name and phone)		Relationship	

2. MEDICAL HEALTH

Are you currently on any medication?	Yes / No
Have you any serious medical conditions?	Yes / No
If yes, please give details:	
Have you received medical advice to the effect that you should not participate in aerobic activity or any other form of sport or exercise?	Yes / No
Do you consider yourself to have a disability?	Yes / No
If yes, please give details:	

3. PRIVACY

You will need to supply your personal information to the Avantidrome in respect of this application. Your privacy is important to us. Your personal information is not shared with outside parties. The contact details you provide will only be used in relation to your use of the Avantidrome and to send you relevant information. If you would like to update the information that you have provided, please send an email via the Avantidrome’s website with the desired amendments. The Avantidrome does not sell, trade, or otherwise transfer to outside parties your personally identifiable information. We may use non-identifying and aggregate information to better deliver our services. To prevent unauthorized access, maintain data accuracy and ensure the correct use of information, we have put in place appropriate physical, electronic and managerial procedures to safeguard and secure your personal information. Should you have questions or concerns about this privacy statement, please contact us via the Avantidrome’s website.

I confirm that the information contained within this form is true and accurate and I have read the privacy information.

Signed:	Date	
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Do you intend to complete the Accreditation Process	Yes / No
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Accreditation entered
into Gymmaster,
membership changed.

Initials:.....

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Riders must demonstrate the following competencies as a minimum before they are signed off as Accredited.

Have a Go session complete	Date	
Assessment	Date	Instructor
<ul style="list-style-type: none"> • Recap / Inforce (all sessions) – complete Helmet Check, M Check and ABC Check themselves, Starting and Stopping from the rail, Looking over both shoulders 		
<ul style="list-style-type: none"> • Introduction to track cycling, rules and etiquette – understand basic track etiquette and track markings. 		
<ul style="list-style-type: none"> • Riding on the Track - demonstrate the ability to ride at a safe speed on the pole line. 		
<ul style="list-style-type: none"> • Looking over your shoulder - demonstrate the ability to look over a shoulder before moving off your line. 		
<ul style="list-style-type: none"> • Holding a line - safely hold a line on the stayers line. (Blue Line) 		
<ul style="list-style-type: none"> • Looking over your shoulder - demonstrate the ability to look over both shoulders when on the stayers line. They must hold their line. 		
<ul style="list-style-type: none"> • Lookout - show that they keep a good look out for other riders. 		
<ul style="list-style-type: none"> • Passing - safely pass other single riders on the straight. 		
<ul style="list-style-type: none"> • Communication - demonstrate the need to communicate with other riders around them 		
<ul style="list-style-type: none"> • Group riding - ride comfortably in a group abreast of other riders including passing 		
<ul style="list-style-type: none"> • Single file and lapping off - safely ride in a line of riders while lapping off the pole line. 		
<ul style="list-style-type: none"> • Rolling from the Top Rail - safely move up and stop on the outer rail and move off, individually. (Keep doing this as a group also) 		
<ul style="list-style-type: none"> • Capable at riding at the top of the track: Riding between the stickers and the rail. (Individually) 		
<ul style="list-style-type: none"> • Standing up in the banking - Be able to accelerate on the banking. 		
<ul style="list-style-type: none"> • Fitness assessment - Fitness to a level to ride an open session with breaks – This is assessed throughout the sessions - 		
<ul style="list-style-type: none"> • ASSESSMENT: Flying 200m executed well and confidently eg: capable to stand up and accelerate down the track in wind up, hold a good line at speed. 		
Date Accreditation Passed:		
Final Assessors name:		Signature: