



## **C3 Track Cycling 101** **Saturday May 13th 2017**

**Registration from 1.00pm, Racing Starts 2.00pm**

### **The Avantidrome**

The Avantidrome is located at 15 Hanlin Road, Cambridge. Please park in the carpark at Gate 2. There is additional parking available on the right grass paddock as you enter the carpark at Gate 2.

If you need to hire a bike from the Avantidrome, please pre-book via the Home of Cycling [hoc.administrator@homeofcycling.co.nz](mailto:hoc.administrator@homeofcycling.co.nz). Be aware there are limited bikes available.

On arrival, you will need to check off your name at reception. Please indicate to staff the number of supporters you have with you. Supporters are to watch racing from the grandstand and will not be able to enter the infield. Please respect this request as we do not want to offend anyone by asking them to exit the infield.

Food and drink will be on sale, bring cash! The Revolve Cafe will also be open.

### **Registration**

Pick up your race number from the infield registration desk on arrival. Return your numbers the conclusion of racing.

Pits will be set up with chairs and bike racks. Please keep your area tidy.  
Warm up will be staggered from 1.10pm in 10 minute blocks.

1.10-1.20pm          U14 Boys and Girls

1.20 -1.30pm        U15 Boys and Girls

1.30-1.40pm        U17 Boys and Girls

1.40-1.50pm        U19 Boys and Girls

After warm up slot   Gear Roll out                      6.00m U14/U15      7.00m U17

Your welcome to bring road bikes, rollers, trainers to warm up on.  
Road bikes are not permitted on the apron of the track



## Scratch Race

- All riders start together and the objective is simply to be first over the finish line after a certain distance.
- Riders will congregate on the infield back straight ramp, roll out via the back straight gate and onto the fence on the front straight.
- The gun will indicate the start after a natural/free lap.

Field limits:

U14	12 Riders
U15	12 Riders
U17	16 Riders
U19	20 Riders

Heats will be run if required with all riders racing a final.

### Boys

U14	1500m Scratch
U15	2km Scratch race
U17	3km Scratch race
U19	4km Scratch race

### Girls

U14	1500m Scratch
U15	2km Scratch race
U17	3km Scratch race
U19	4km Scratch race



## 515m Scratch

- All riders start from a held position at the pursuit line.
- The objective is simply to be first over the finish line after 515m.
- Riders will congregate at the base of the front straight steps to draw starting positions.
- The start will be indicated by the gun once the starter has walked the line and steps off the track.

Field limits:

All ages                      6 Riders

Heats, semis and finals will be run if required.

### **Boys**

U14	515m Scratch
U15	515m Scratch
U17	515m Scratch
U19	515m Scratch

### **Girls**

U14	515m Scratch
U15	515m Scratch
U17	515m Scratch
U19	515m Scratch



## Points Race

- All riders start together and the objective to score points through intermediate sprints 5,3,2,1 points for the first four riders across the line. 10,6,4 2 points on the final lap.
- 20 points are gained if a rider laps the field
- The winner is the rider with the highest number of points after the set distance.
- Riders will congregate on the back straight and roll onto the fence on the front straight.
- The gun will indicate the start after a neutral/free lap.
- The bell will indicate sprint laps.

### Field limits:

U14	12 Riders
U15	12 Riders
U17	16 Riders
U19	20 Riders

Heats will be run if required with all riders racing a final.

### Boys

U14	9 lap points race	3 sprints, every 3 laps
U15	9 lap points race	3 sprints, every 3 laps
U17	4km points race	4 sprints, every 4 laps
U19	5km points race	4 sprints, every 5 laps

### Girls

U14	9 lap points race	3 sprints, every 3 laps
U15	9 lap points race	3 sprints, every 3 laps
U17	4km points race	4 sprints, every 4 laps
U19	5km points race	4 sprints, every 5 laps



## Italian Pursuit

- A joint team event where four riders start from a held position from the pursuit line.
- The first rider leads the first lap before swinging off at the pursuit line, second rider leads the second lap before swinging off and so on until the fourth rider leads the final lap.
- Two teams at a time on the track.
- Teams will be drawn to race from the front or back straight.

The team with the fastest time will be classified the winner.

### **Boys**

U14  
U15  
U16  
U17  
U19

### **Girls**

U14  
U15  
U16  
U17  
U19

Riders can ride up an age group. The team age group will be determined by the oldest rider.

Composite teams will be created on the day for schools that are unable to field a full team. Please indicate at registration.



## The Points

### Individual Events

Riders will gain the following points for the individual events to determine positions in overall track.

**Heats** start points only.

Semi Final Place	Points	Finals Place	Points
1st	4	1st	8
2nd	3	2nd	6
3rd	2	3rd	4
4th	1	4th	2

### Team Events

Teams events will gain the following points to determine positions in overall track. .

Finals Team Place	Points	Finals Rider	Points per rider
1st	16	1st	4
2nd	12	2nd	3
3rd	8	3rd	2
4th	4	4th	1

### Championship Points

Overall placings in all events combined will determine points to be added to Championship.

Place	Points	Place	Points	Place	Points
1st	12	5th	8	9th	4
2nd	11	6th	7	10th	3
3rd	10	7th	6	11th	2
4th	9	8th	5	12th	1